

VSL#3[®]

The clinically proven probiotic

VSL#3[®] has been **clinically proven** in the dietary management of ulcerative colitis (UC), an ileal pouch, and irritable bowel syndrome (IBS). **VSL#3** is the only probiotic recognized by the American College of Gastroenterology Practice Parameter Committee as a tool for the dietary management of an ileal pouch.¹

VSL#3 must only be used under medical supervision.

VSL#3 high-potency probiotic medical food

Positive results from a published study show VSL#3, a high-potency probiotic medical food, aids in dietary management of patients with ulcerative colitis (UC), an ileal pouch, and IBS.

- Colonizes the GI tract with beneficial bacteria
- Can help reduce gas and bloating associated with IBS^{8,9}
- Aids in the dietary management of UC or an ileal pouch

VSL#3 – Billions of bacteria at work

VSL#3 works by lining the GI tract with the best quantities and types of probiotic bacteria. These bacteria stick to the walls of the GI tract and form a barrier which protects the inner layer of the gut.⁴

Using eight different strains of specially selected beneficial bacteria, VSL#3 produces a potent composition of good bacteria.

VSL#3[®] High potency probiotic medical food

Recommended Daily Intake

For the dietary management of:

Irritable Bowel Syndrome^{8,9} 225 to 450 billion CFU/day

Ulcerative Colitis^{11,12} 450 to 900 billion CFU/day

Ileal pouch^{6,10} 900 to 1800 billion CFU/day

During acute flares of Ulcerative Colitis,¹³ increase to 1800 to 3600 billion CFU/day

VSL#3[®]

Capsules

1 = 112.5 billion CFU

2-4 = 225-450 billion CFU

4-8 = 450-900 billion CFU



Packets

1/2 = 225 billion CFU

1-2 = 450-900 billion CFU

2-4 = 900-1800 billion CFU



VSL#3^{DS} DOUBLE STRENGTH

Packets

1 = 900 billion CFU

2 = 1800 billion CFU

2-4 = 1800-3600 billion CFU



Important things to know about VSL#3[®]

VSL#3 is a medical food probiotic recommended for the dietary management of ulcerative colitis, an ileal pouch or irritable bowel syndrome.

How to order VSL#3... Ask your pharmacist or doctor about VSL#3.

You can also find VSL#3 online at www.vsl3.com, or by calling

1-866-GET-VSL3 (1-866-438-8753).

VSL#3[®]

High potency probiotic medical food

For the dietary management of
**ulcerative colitis, an ileal pouch or
irritable bowel syndrome (IBS)**



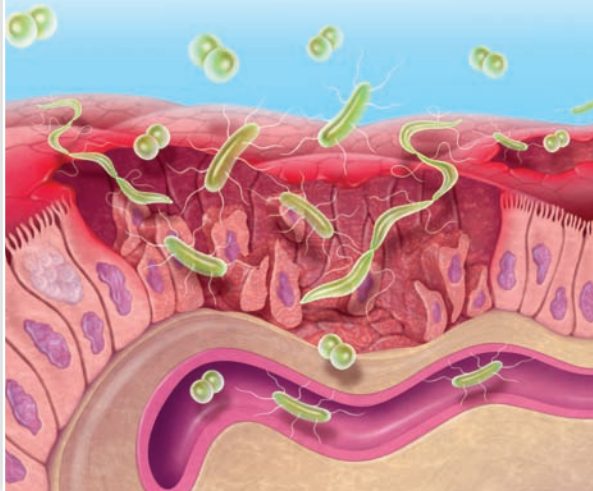
VSL#3[®] High potency probiotic medical food

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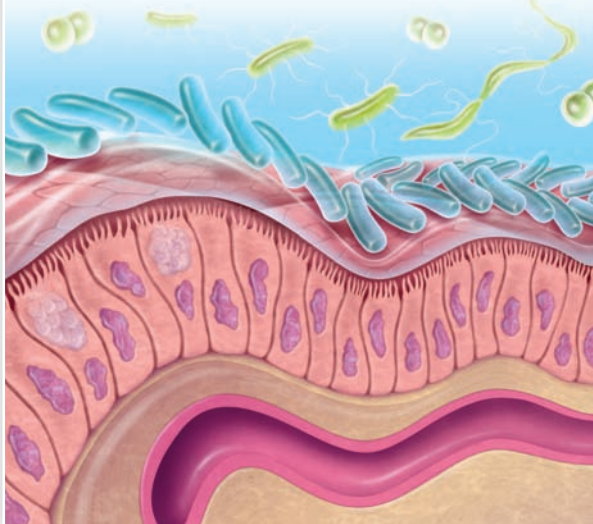
High potency probiotic medical food for the dietary management of UC, ileal pouch or IBS



Bad bacteria can damage the intestines causing irritation and reduced nutritional absorption



VSL#3 forms a barrier which protects the GI tract and allows nutrients to be absorbed²⁻⁶



Easy to take

VSL#3 is available in powder form and capsules. The powder packets are designed to be mixed with cold beverages before drinking. The capsules can be swallowed whole or opened and the powdery contents can be mixed like the packet.

VSL#3 has a light, lemon flavor and is also available as an unflavored powder that is designed to be mixed with different foods such as; yogurt, ice cream, apple sauce, sour cream or any other cold food.



VSL#3-DS powder is available in double strength packets by prescription only and should be mixed the same way as VSL#3 packets. VSL#3 or VSL#3-DS should **not** be mixed with carbonated drinks or taken with hot drinks or foods, as heat can inactivate the bacteria.

Well tolerated

Under the supervision of a physician, VSL#3 and VSL#3-DS can be taken every day for the dietary management of UC, an ileal pouch or IBS. No serious side effects have been reported as a result of taking VSL#3. Antibiotics may inactivate some of the live bacteria in VSL#3.

Fast acting

In general, initial results can be expected within 7 days, but it may take up to one month for the colonization of the gut to become optimally stable.

Refrigerated

To preserve potency VSL#3 and VSL#3-DS packets should be kept in the refrigerator (39-46°F). VSL#3 can be kept at room temperature (80°F) for up to a week without affecting potency. Therefore, you can pack VSL#3 and take it on vacation or business trips without affecting its potency.

Probiotics can make the difference

Probiotics (literally “for life”)¹⁵ are colony forming units (CFU) of “good” bacteria. More and more data suggests that the activity of probiotic bacteria in the human GI tract plays an important role in the dietary management of UC, an ileal pouch or IBS.

VSL#3 – A different kind of probiotic

VSL#3 and VSL#3-DS are some of the most potent probiotics in the world. VSL#3 and VSL#3-DS have 8 different types of good bacteria and the highest concentration of CFU compared to other probiotics.*

Each VSL#3-DS packet contains 900 billion CFU and each packet of VSL#3 contains 450 billion CFU.

*Average market probiotic contains approximately 4 billion CFU (Source: AC Neilsen)

References:

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